



Ear Piercing After-Care Instructions

It is important to follow these after-care instructions to prevent infection and other complications after ear piercing.

1. Thoroughly cleanse your hands with antimicrobial soap prior to any contact with newly pierced ears.
2. Cleanse the front and back of the ears twice daily for the next 6 weeks with soap and water, without removing the earring. Dry the area with tissue.
 - a. Do not use hydrogen peroxide or alcohol on the site.
 - b. Gently slide the earrings back and forth with each cleansing, and gently rotate the earrings.
3. After 6 weeks, you may carefully remove the earrings permanently.
 - a. Wash your hands.
 - b. With one hand, take hold of the front side of the earring.
 - c. With the other hand, gently wiggle the back until it loosens.
 - d. Take the earring out of the earlobe.
4. Replace the earrings immediately. We recommend always using hypoallergenic earrings (surgical titanium, medical grade plastic, or solid gold).

Important Information:

- Do not touch the ears with unclean hands.
- Do not remove the earrings before 6 weeks.
- Make sure your newly pierced ears remain clean and dry.
- Take extra care when removing clothing over the head.
- Be aware that removal of the earring without replacing with a new earring can result in earring hole closure.
- Avoid submerging the head in a swimming pool, lake, or ocean for the first 2 weeks after piercing.
- Cover earrings with a bandage when playing contact sports.
- Monitor for symptoms of infection: spreading redness 48 hours after the procedure, pus/drainage from the holes, fever, or intense pain.

Please call our office at 303-688-2228 if you have any questions or concerns.